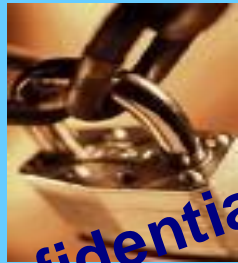


For counselling appointments contact
Duty 1-3pm
Monday- Friday on
5479 1000.

For all other services call
reception on 5479 1000
Monday- Thursday
9am- 5pm and
Friday 9am-4.30pm.

Fees apply to some
services, please enquire



Confidentiality

CHIRP provides a
confidential service.
For more information ask
for a brochure at
reception.

Useful Websites

- likeitis.org.au
- www.betterhealth.vic.gov.au/
- www.kidshelp.com.au/
- youthlaw.asn.au

Useful Phone Numbers

- Kids helpline: 1800 551 800
- Lifeline: 131 114
- Suicide helpline: 1300 651 251
- Women's domestic violence crisis service: 1800 015 188
- Poisons information line: 13 1126
- Psychiatric emergencies: 1300 363 788
- Gay and Lesbian Switchboard: 1800 184 527
- Victoria Legal aid: 1800 677 402
- Tenancy advice : 1300 656 983
- Eating disorder clinic (Bendigo): 5454 7753
- Centre Against Sexual Assault (CASA): 1800 806 292

**Castlemaine District
Community Health**

13 Mostyn Street
Castlemaine 3450

Phone: 5479 1000
Fax: 5472 3221

Youth Services



**Castlemaine District
Community Health**



PH: 5479 1000

Services available for youth at CHIRP

Student Counselling Appointments for Castlemaine Secondary College

Two youth specific appointments per week, after school or during school times. Referral see Sue Jones or Steve Carroll. Phone 5479 1000 if needing assistance.

Youth reserved GP appointments Friday afternoons Mostyn St.

Clinic 2.15pm. No-cost, confidential, medical advice from GPs. The scheme is bulk-billed, and a Medicare card or number can be arranged.

Call CHIRP reception to arrange or speak to your teacher.

YOUthinc: An Alcohol Education Program
YOUthinc is a free two hour alcohol education program for young people under the age of 18 and their parents/guardians.

Youth Connections

Provides a flexible, personal service to assist if you are at risk of leaving or are not involved with education or training. We can also help you to improve connections with family and the community.



GO GIRLS GO GROUP PROGRAM

A supportive and creative 7 week program for young women who want to learn from past experience, dream about the future, do and think something different. For girls aged 13 -16 years. Direct referral by Welfare Officer from school.

Go Boyz Go GROUP PROGRAM

A supportive and creative 7 week program for young men who want to learn from past experience, dream about the future, do and think something different. For boys aged 13 -16 years. Direct referral by Welfare Officer from school.

Rural Outreach Drug Diversion Youth Worker

An outreach drug and alcohol program for young people living in the Mt. Alexander and Central Goldfields shires for people aged 12-25. The program aims to widen the safety net, so more young people at risk of legal and health consequences, due to their substance misuse are diverted away from the criminal justice system and into treatment.



General Counselling
Open to anyone in the community, support can be offered on a wide range of issues such as grief, separation, parenting support, relationship support, anxiety and depression. Short waiting list is usual.

Alcohol and Other Drugs Counselling
Open to anyone who is experiencing substance abuse issues including family or friends of a loved one.

Psychologist Counselling - Free
Better Access to Mental Health - Free 6 counselling sessions to anyone with a GP referral for mental health support. Eg Anorexia, Depression other diagnosed health issues.
More Allied Health Support - Free 6 week counselling sessions to anyone with a broad range of issues and they have a GP referral. Eg: Depression, anxiety, grief.

Other Services

- Asthma education
- Diabetes Education
- Dietician
- Sexual health information and referrals

And many more!